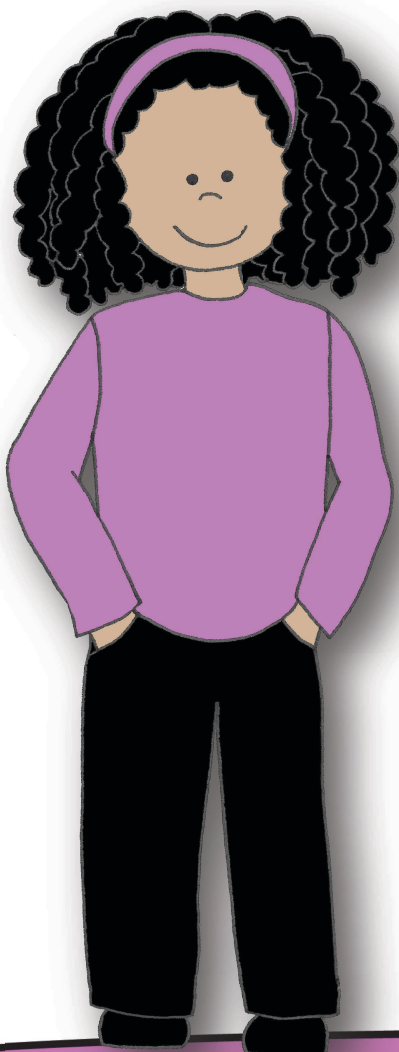


**My Body,**

**It's PRIVATE  
And  
NOT-SO-PRIVATE  
Parts**



*A Story  
For Girls*

~Socially Skilled Kids



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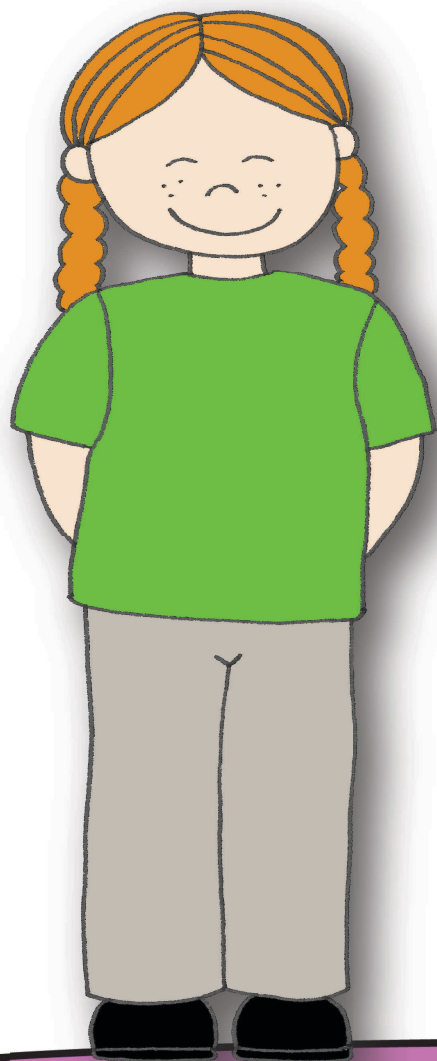
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**My Body,**

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**My body has some PRIVATE PARTS.**

**PRIVATE BODY PARTS** are parts that most people should not see or touch.

Private body parts on a girl are; the chest, the buttocks, and the vagina.



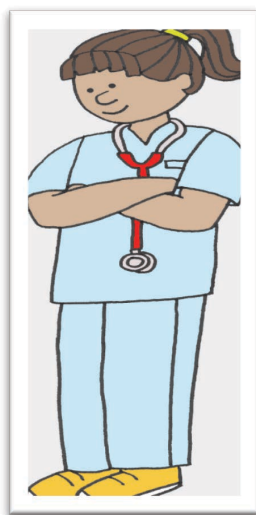
Private body parts are usually covered up by clothing, unless I am taking a bath or a shower, am going to the bathroom, or am changing my clothes.

Sometimes a grown up is allowed to see my private body parts when they need to take care of me.

Some grown ups that may be allowed to see my private body parts are; my parents, doctors or nurses, and other adults that are taking care of me with my parent's permission.

**Sometimes a grown up is allowed to touch my private body parts when they need to take care of me.**

**Some grown ups that may be allowed to touch my private body parts are; my parents, doctors or nurses, and other adults who are taking care of me AND with my parent's permission.**



**Sometimes I touch my private body parts in order to take care of myself. This is something that I do in a private location, like a bathroom.**

**Sometimes people touch their own private body parts because they like the way it feels.**

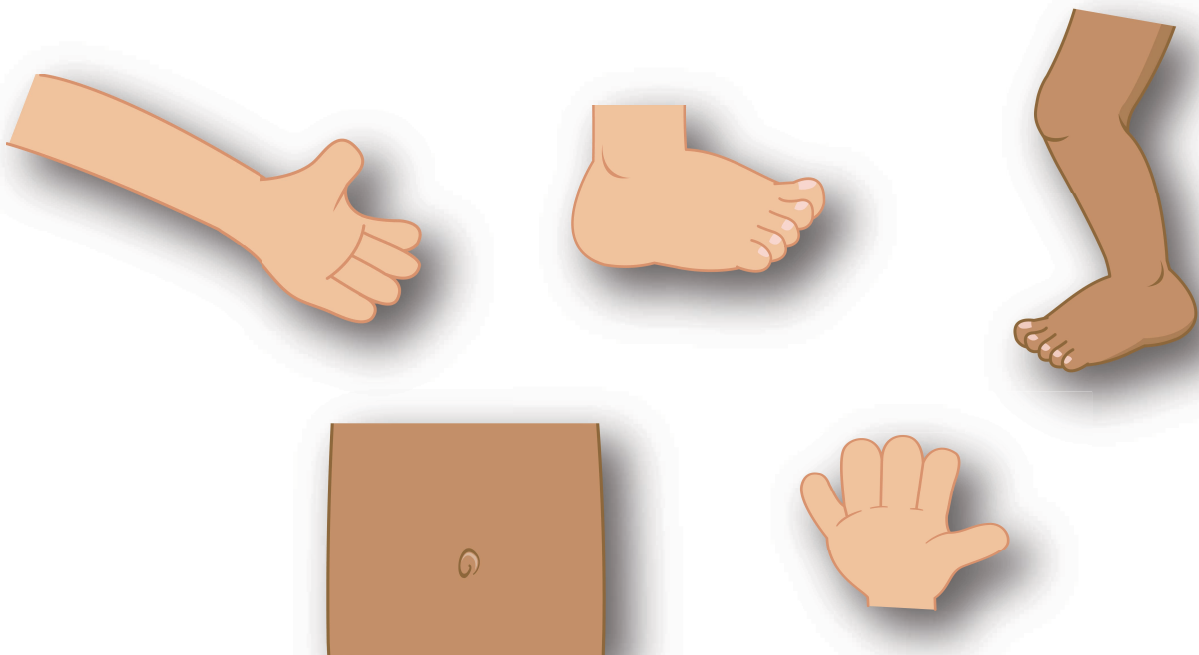
**If I do this, I should only do it in a private location such as my bathroom at home or my bedroom when nobody else is in there.**

**My body has some *NOT-SO-PRIVATE* body parts too.**

***NOT-SO-PRIVATE* body parts means that these body parts can be seen by others and are not always covered by clothing.**

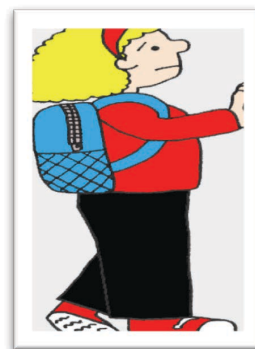
**Usually, it is okay for *not-so-private* body parts to be seen by other people.**

**Some of the *not-so-private* body parts on a girl are; head, neck, shoulders, arms, legs, hands, feet, stomach, fingers and toes.**



What should I do if someone looks at or touches my private body parts, when they do not have permission to do so?

Move away from the person **immediately** and yell,



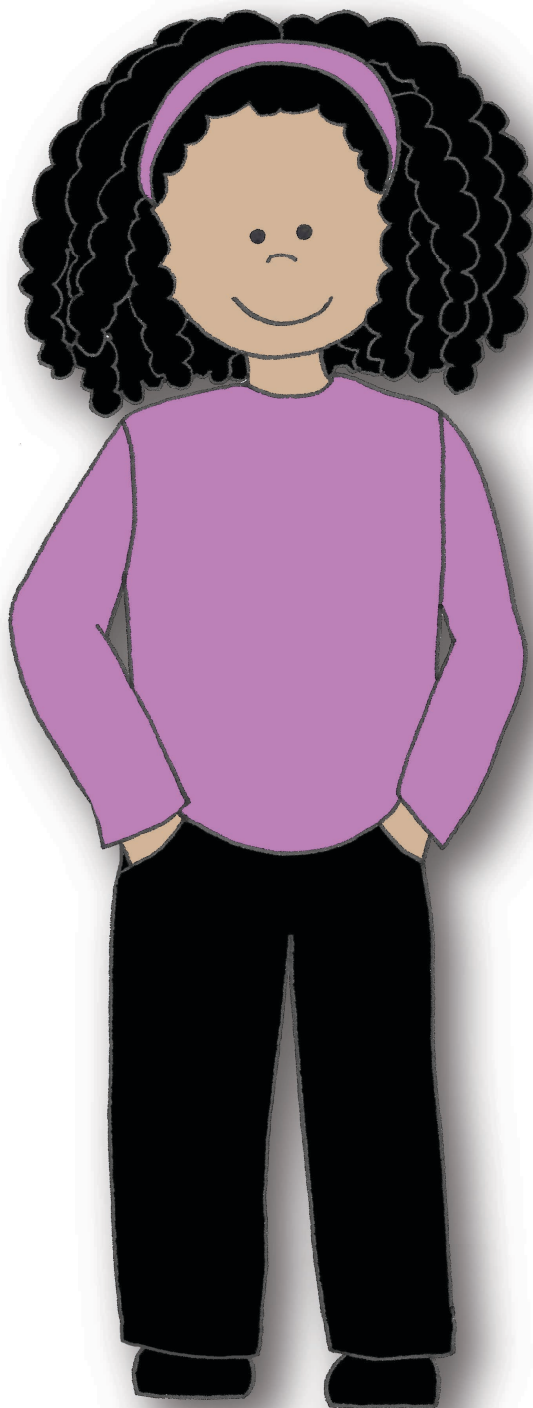
**“NO” “Stop” “Don’t”**



**Immediately** go to an adult that you trust and tell them what happened.

My body is amazing with all of its ...

private and  
*not-so-private* parts.

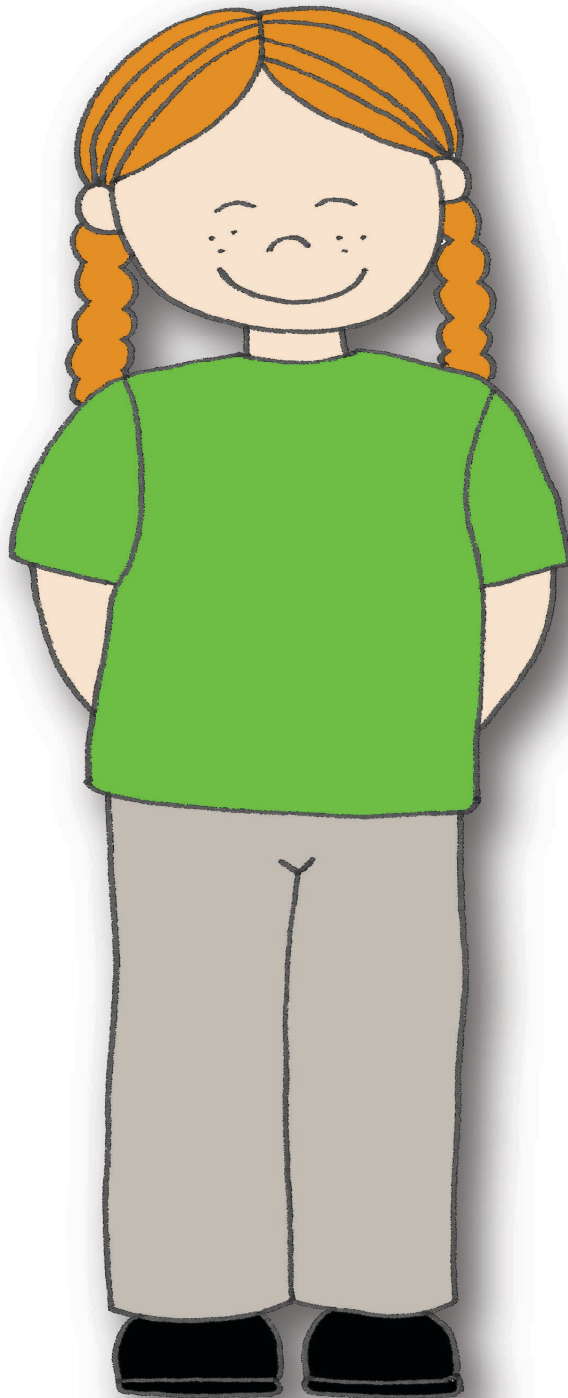


**The End**



My body is amazing with all of its ...

private and  
*not-so-private* parts.



**The End**

# Skill Builder 1

Use this page to engage in discussion with your student/child. You can do it during or after the story.

Write down the people who are allowed to see the child's private body parts and why.

Keep that sheet handy and update it and go over it with the child as often as necessary.

**These are the people that are allowed to see  
my private body parts.**



**These are the reasons why those people are  
allowed to see my private body parts.**



# Skill Builder 2

## Comprehension Check

Have your student/child complete the worksheet.

Discuss and make corrections as needed.

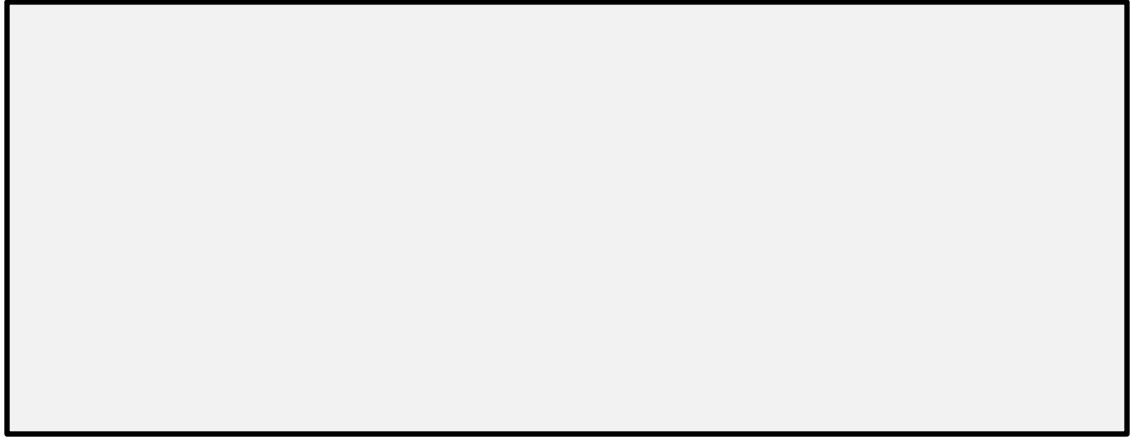
**What Are Private Body Parts:**



**What Are Not-So-Private  
Body Parts:**



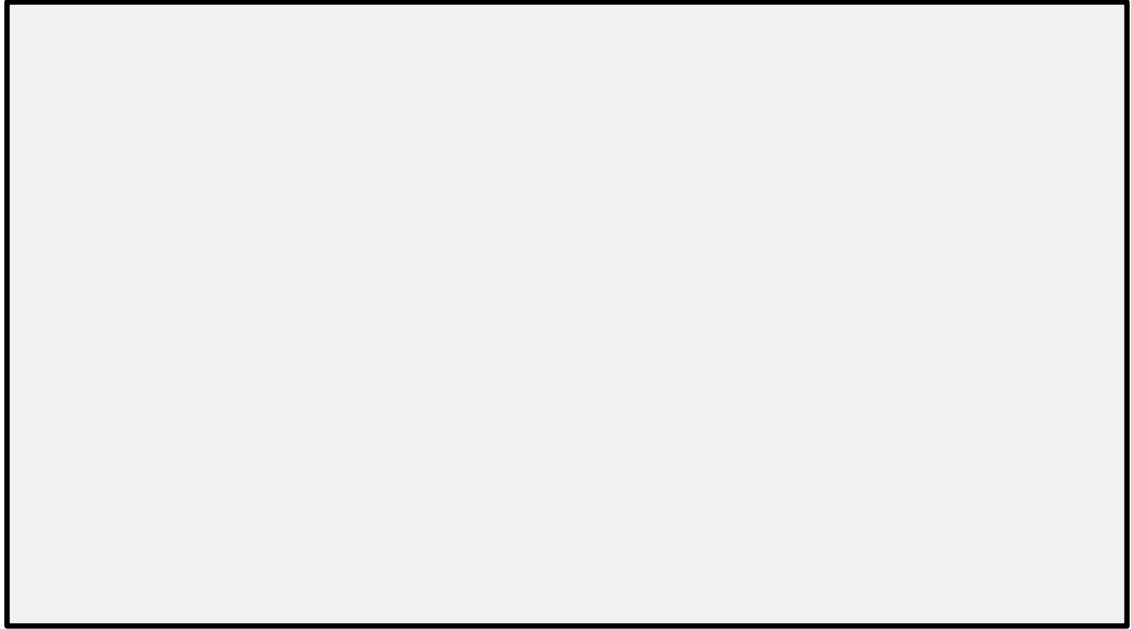
**Name 2 Private Body Parts  
{on a girl}**



**Name 5 Not-So-Private  
Body Parts {on a girl}**



# **Who Can Touch My Private Body Parts:**



# **Who Can Not Touch My Private Body Parts:**



# Coloring Book Companion

Directions: Print this black and white story and give it to your student(s) to follow along and color in.

Alternatively you can give it to the student(s) to read and color in after hearing the story read by the teacher.

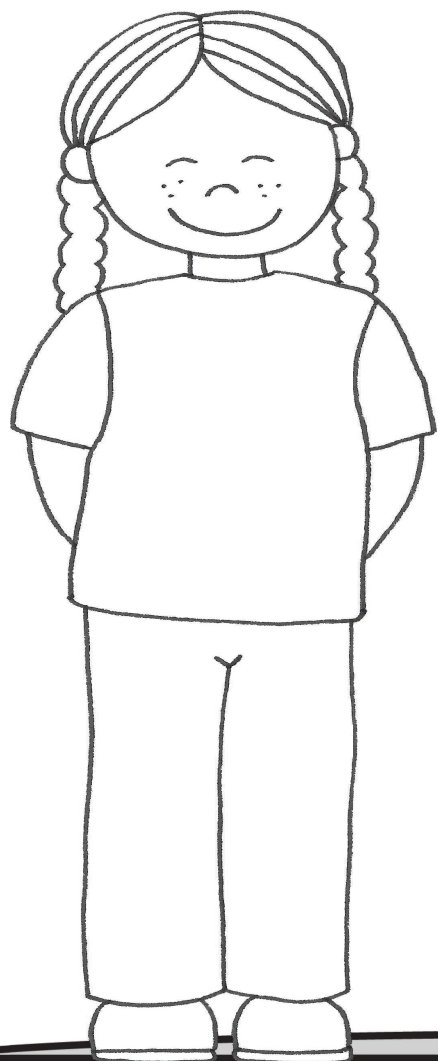
While the purchase of this product is for one user only, you have my permission to make multiple copies of this black and white version to offer to all of your students and to send home with your students.

Great for generalization of skills!



**My Body,**

**It's PRIVATE  
And  
NOT-SO-PRIVATE  
Parts**

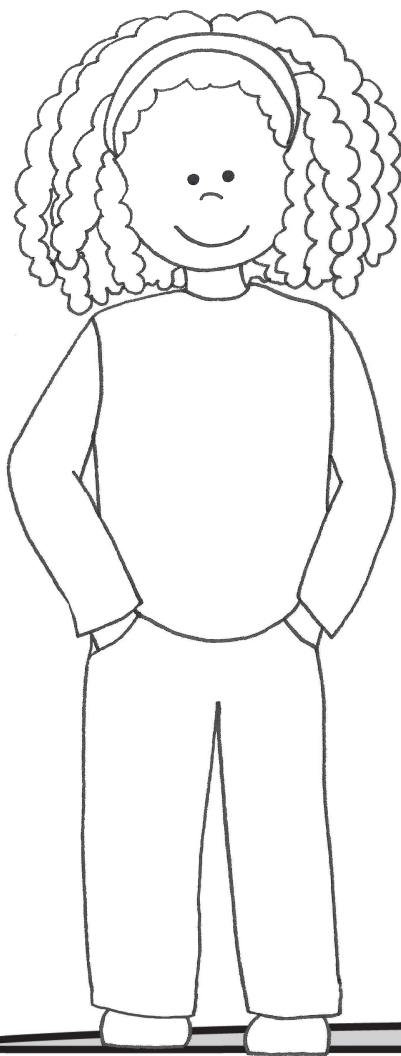


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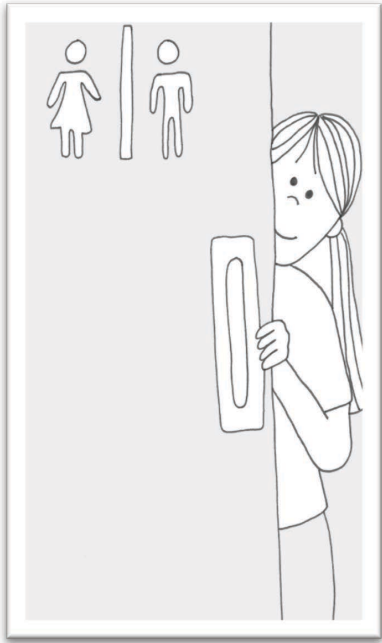
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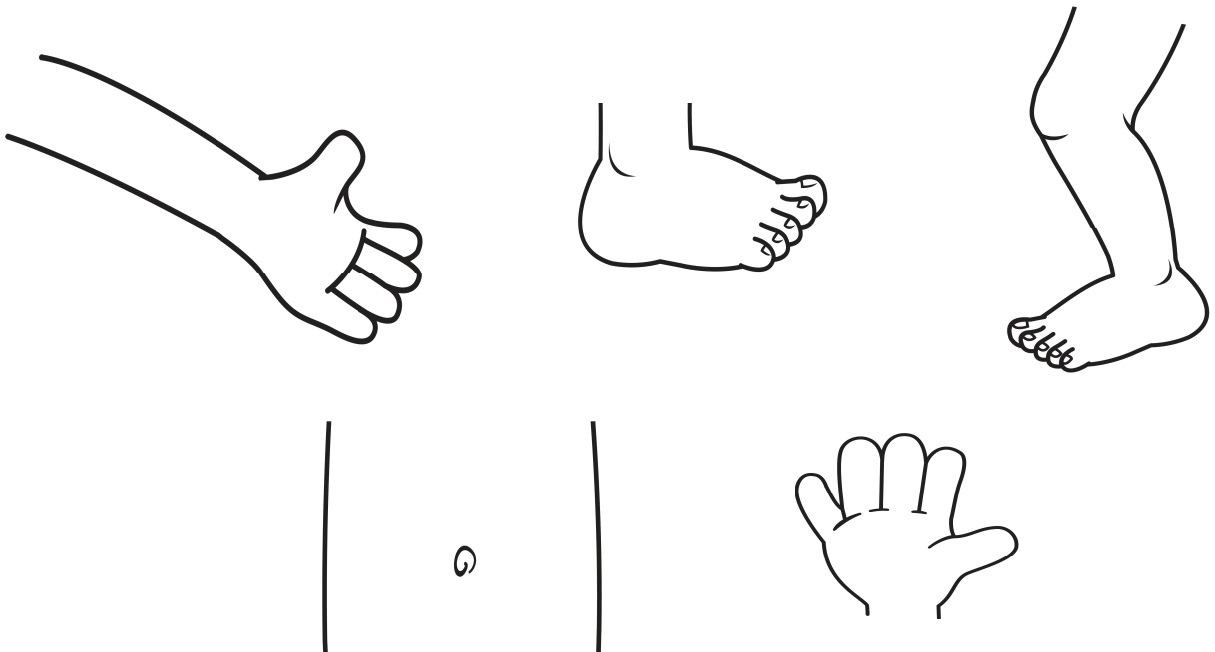
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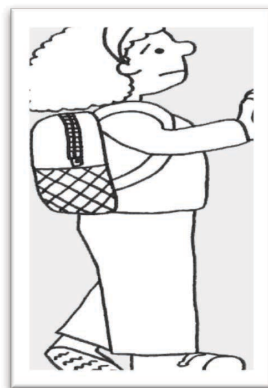
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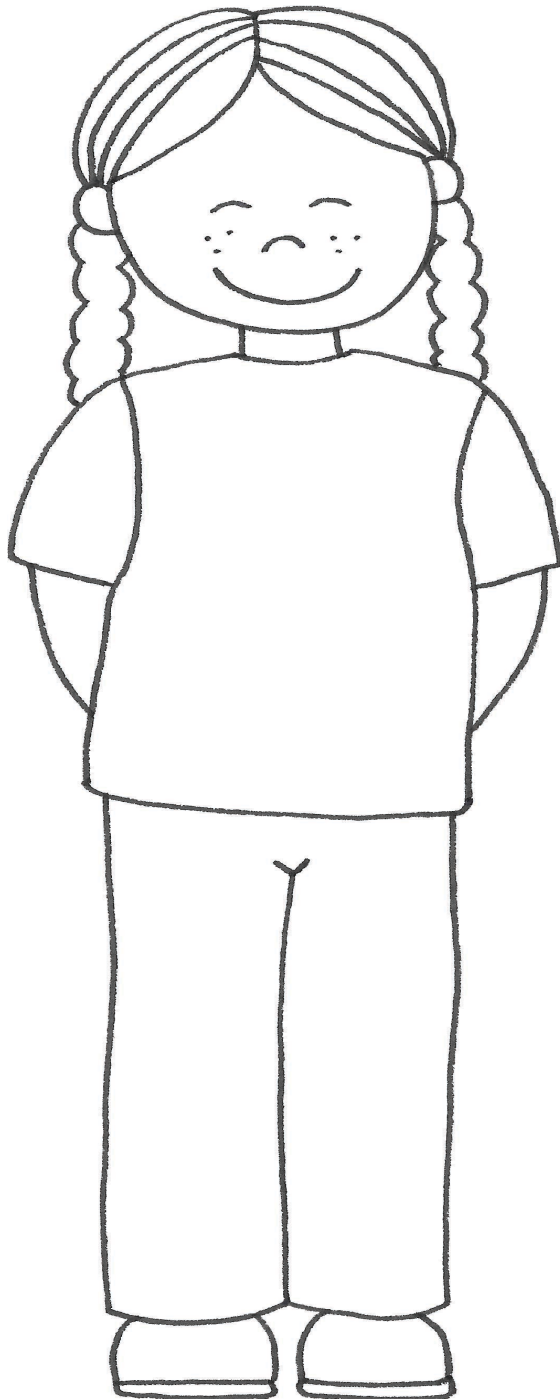
**“NO” “Stop” “Don’t”**



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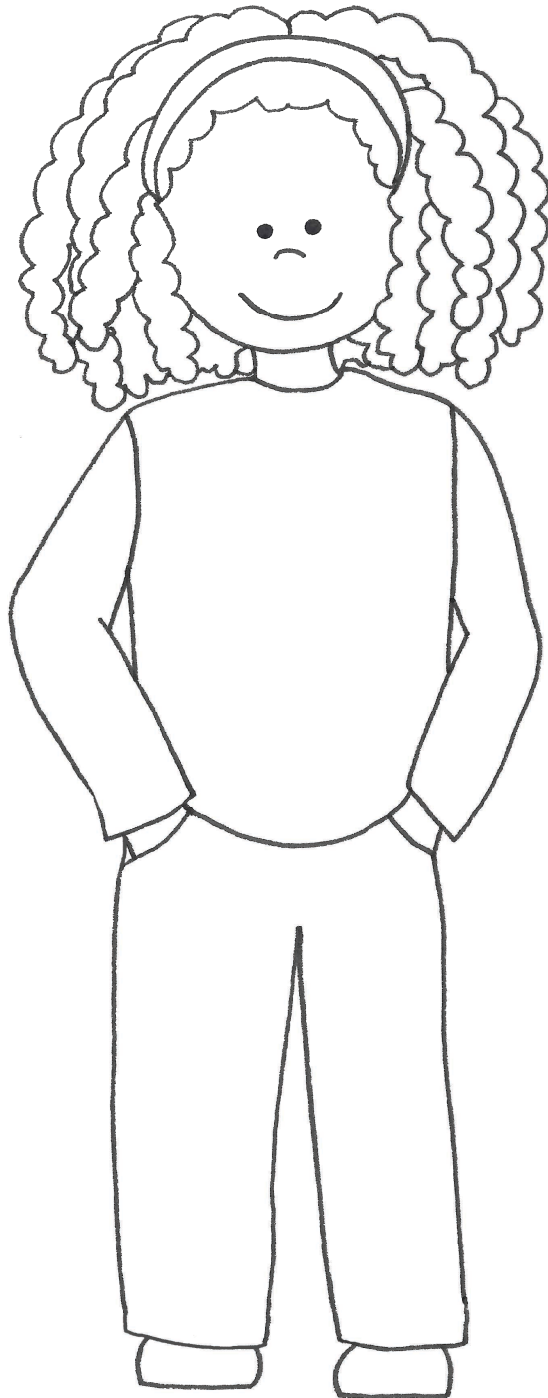
private and  
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**The End**

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# Skill Builder 2

## Comprehension Check

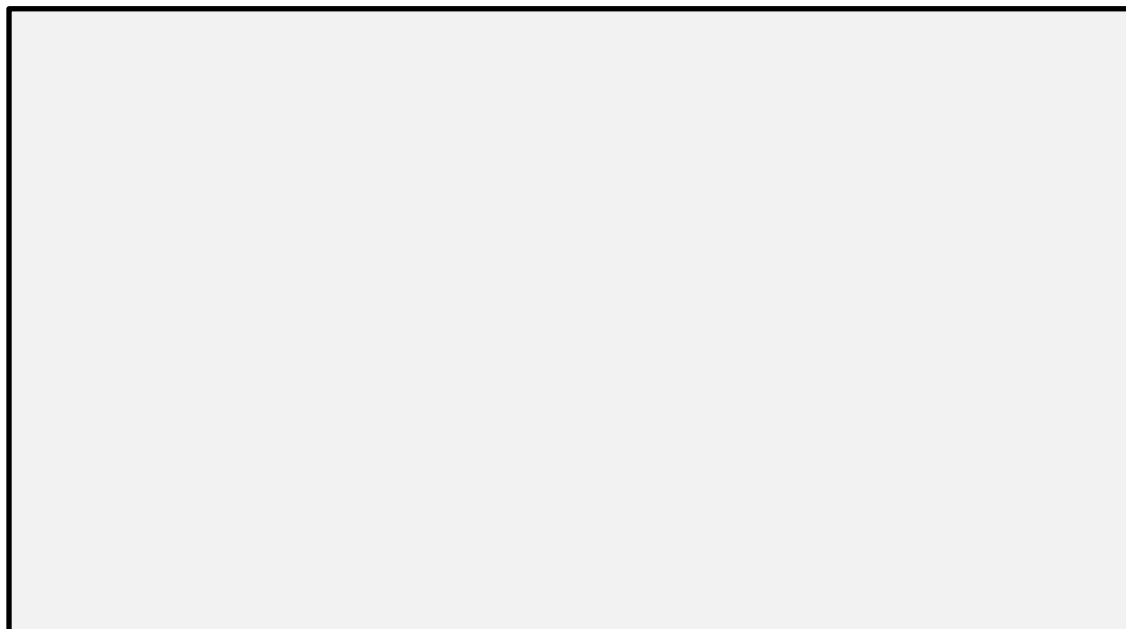
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**What Are Private Body Parts:**



**What Are *Not-So-Private* Body Parts:**



**Name 2 Private Body Parts  
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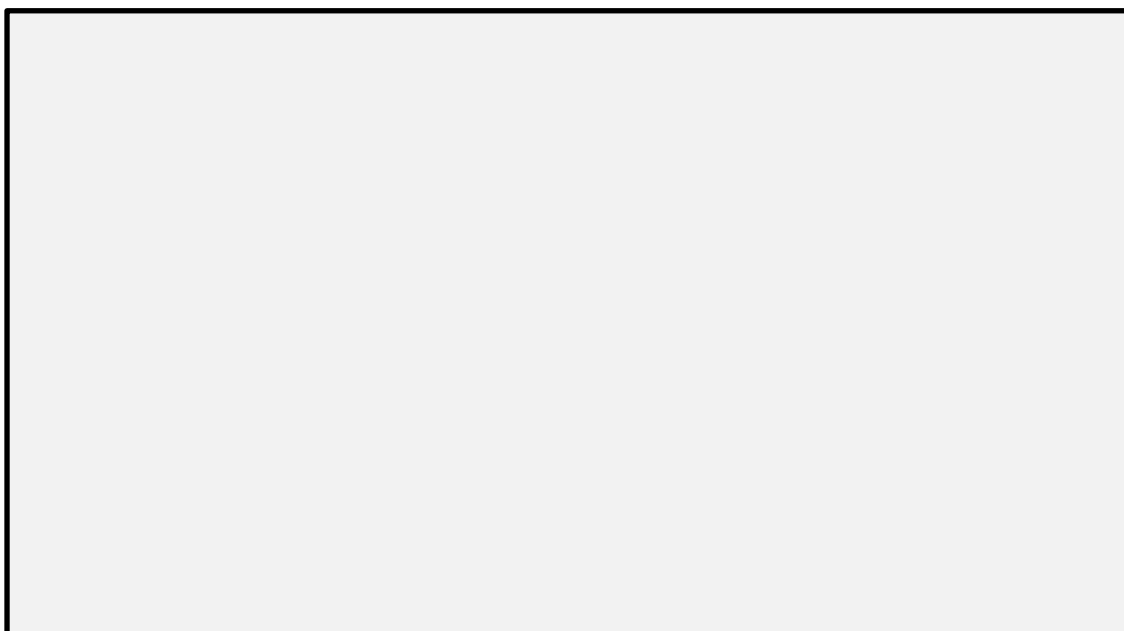
**Name 5 *Not-So-Private*  
Body Parts {on a girl}**




# **Who Can Touch My Private Body Parts:**

A large, empty rectangular box with a black border, intended for a student to write the names of people who are allowed to touch their private body parts.

# **Who Can Not Touch My Private Body Parts:**

A large, empty rectangular box with a black border, intended for a student to write the names of people who are not allowed to touch their private body parts.

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Kari Bolt  
children's illustrator