Each year the WSA hosts our Therapeutic Experience Camp at the end of July for children ages 6-12 and their parents. This four-day camp (Sunday-Thursday) features a mixture of therapy sessions and traditional camp activities. Campers are divided into groups based on age and attend music, speech, occupational, and physical therapy sessions/classes. Our camp has three music therapists, one speech therapist, one physical therapist/movement specialist, and one occupational therapist/special education specialist.

In addition to these therapy sessions, campers have the opportunity to engage in traditional camp activities, such as gaga ball, water sliding, swimming, ninja obstacle courses, hiking, and fishing. Our evening programming features open mic nights, where campers have the opportunity to perform for the camp community, a mid-week dance, nightly campfires, and a final showcase in which each therapist discusses what they have worked on over the course of the week.

Activities

- Swimming
- Hiking
- Ninja obstacle course
- Archery
- Fishing
- Slip-n-slide
Music Therapy…

Studies have shown that people with Williams Syndrome closely identify with music, and thus musical activities and music therapy are central to our therapeutic experience camp. Music therapists utilize music to help campers achieve non-musical goals. Each music therapist concentrates on a different area such as reading, math, science, or social skills, and tailors the session for each group’s age/developmental level.

Other therapies…

Our speech therapist focuses on linguistic pragmatics while our movement specialist aids campers in exploring gross motor and bodily expression, and our occupational therapist utilizes...